

A Wonderful Flow



**I am *changing* my need
to have everything perfect.**

**I am releasing the
tendency to always
second guess myself.**

*Where I am right now
is wonderful.*

**I trust and believe in
myself. I feel relaxed,
comfortable and
enthusiastic.**

**I set priorities and handle
situations with a graceful
flow.**

**I excitedly step out of my
comfort zone and give all
I have to this new day!**